

**Merritt Memorial School**  
**Enrichment Academies Catalog**  
**2016-2017 \* Session 1**

**21st Century Careers**

Have you ever thought about what you might like to be when you grow up? How will you know what kinds of jobs and careers are possible? How will you know what you might be really great at, or enjoy? The US Department of Labor tells us that 65 percent of today's students will be employed in jobs that don't even exist yet! If you are interested in exploring what career opportunities the future may hold, then this is the academy for you! Students in this pilot academy will first explore the concept of multiple intelligences, to help you identify your unique skills and passions. Next, you will explore the fields related to your interests, to find out what kinds of careers they offer. Finally, you will identify your "dream" job and create a project that reflects why this will be the perfect career for you!

**Financial Literacy for Everyone**

Do you like money? Do you like to buy nice things or go on trips to interesting and unique places? Do you plan on going to college, or owning a house, or owning a car one day? In this academy you will learn all you need to know about smart money management. The foundation for smart money management is laid at an early age and this academy will introduce you to simple saving, banking, and cost comparison concepts.

**Future Teachers of America**

Do you love school? Do you love helping others to learn? Teaching might be the perfect career for you! In this academy you can expect to observe real teachers, write a lesson plan, create engaging activities, and teach your very own lesson!

**Marketing and Advertising**

Everywhere you look, on the internet, in magazines, on television, on the side of highways, and even on your friends' clothing, people are trying to sell you things. Marketing and Advertising is one of the most important ways that a business grows and finds success. In this academy you will see what makes the best advertisements, and learn how to put some amazing persuasive techniques to use. Think of something you are passionate about... now think of all the ways you can convince others to be passionate about it too!

**Mindfulness Goes Mainstream**

Over the past few years, schools across the nation, the medical field, and big companies like Target, Nike, General Mills, and Intel are warming up towards mindfulness practices because whether it's 10 year old kids or 40 year old CEOs, everyone experiences stress, being nervous, or times when too many thoughts are floating around, nothing can get done. In this academy, you'll learn easy techniques to relieve stress, build your focus and attention, and become more aware of what you are doing and how you are feeling and it starts with something as simple as a deep breath.

**Positive Psychology**

Did you know that there is actually a science that lies behind being happy? Happy, positive people tend to be the most productive and accomplished citizens in our world. Once you learn about the way the brain functions you can develop new ways to train it which will help you to become the happiest version of yourself. Understanding the elements of positive psychology will also enable you to help others reach their positive potential. You can learn to spread happiness wherever you go.